



# CHURCH OF THE HOLY SPIRIT NEWSLETTER

## FEBRUARY/MARCH 2013

*West Haven, Connecticut*

**CALLED BY THE SPIRIT**, we celebrate the joy of salvation in Christ.  
Caring for others, we connect our congregation to the larger community.

**HELD BY THE SPIRIT**, we rejoice in the healing power of Christ in our lives.  
Honoring the call to love our neighbors, we believe that all persons are beloved by God.

**SENT BY THE SPIRIT**, we serve as the hands and feet of Christ.  
Seeking to join in God's mission of reconciliation, we promote peace, justice and love for all.

### In this Newsletter

- \*New Archbishop of Canterbury
- \*50<sup>th</sup> Wedding Anniversary Celebrations
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- \*Editor's Farewell

### LENT 2013 BEGINS

Ash Wednesday (February 13) marks the beginning of Lent. As a parish, we will spend time in self reflection, asking questions, letting go of obstacles that hold us back, and celebrating the gift of God's great love in our midst. And we will explore what it means to live out our faith as Episcopalians. Our faith tradition has a distinctive flavor, a specific way of approaching the Gospel. And that specific way is facing dramatic and necessary re-envisioning across the globe.

### LENTEN PREACHING SERIES

People of the Way – *Renewing Episcopal Identity*

February 16/17 – “Sharing Communion”

February 24 – “Reconciled in Difference”

March 3 – “Seeking the World's Hospitality”

March 10 – “Living as Disciples”

March 17 – “Organized for Mission”

*Lenten Children's Homilies*-(offered at the end of Sunday 10 am service)  
“Preparing for First Communion”

*Lenten Bible Study*-Wednesdays 6 pm “Praying with the Psalms”

### **Post Easter Bishop Visitation** *With the Rt. Rev. Jim Curry, + Bishop Suffragan* *April 14, (one service at 9am)*

Our service will be followed by a potluck brunch and chat-time with the Bishop. Bishop Curry has not been with us for some time.

Who will we say we have become?

### Lenten Worship

#### Ash Wednesday

Feb 13 Noon & 7 pm

Holy Eucharist/Imposition of Ashes  
[6 pm Contemplative Prayer in the Chapel]

#### Regular Holy Eucharist Schedule:

Saturdays 5 pm/Sundays 8 & 10 am  
Preaching Series – People of the Way  
Children's Homilies – First Communion

#### Bible Study

Wednesdays 6 pm  
Praying with the Psalms

*See inside for details*

## RECTOR'S RUMINATIONS

*"Do this in remembrance of me"*



Christians have been called a people of memory, because our identity is found in remembering certain formative events. The ongoing message of the prophets to Israel was to remember who they were, and whose they were. They were God's people. They were meant to remember what

God had done for them and to live accordingly. The message for us as we celebrate the Eucharist is much the same. We remember and give thanks for the event of the life, death, and resurrection of Christ. We ask for renewal and strength to live our lives in service to God and for each other in response to God's continued and unfailing love for us. We are asked to remember, and then to act.

The December shootings in Newtown is one such pivotal event in our history. The memories still haunt many of us. God grieves with us. We promised we would never forget the names of the victims as we prayed for them the following Sunday. We pledged to change our ways, our policies, our awareness of – and response to – the increased violence that plagues our communities. Where are we now?

As a parish, we focus our energies on food justice (W.H.E.A.T., Alex's Soup Kitchen) and care for the homeless (Columbus House breakfasts and Abraham's Tent overflow shelter). Might there be room for public advocacy, as well? For too long, people of faith have allowed our voices to be silent in public policy making. As a society, hear much conversation about our lack of long-term memory. Events happen. And after the initial shock, we often go back to our lives as quickly as possible. Maybe this time can be different.

Led by our Bishops, and with encouragement from our Presiding Bishop and the National Church, the Episcopal Diocese of Connecticut is taking a visible leadership role in keeping the conversation about gun violence front and center. For those who feel called to act, please know that faith communities across the country are finding their voices and would gladly include ours.

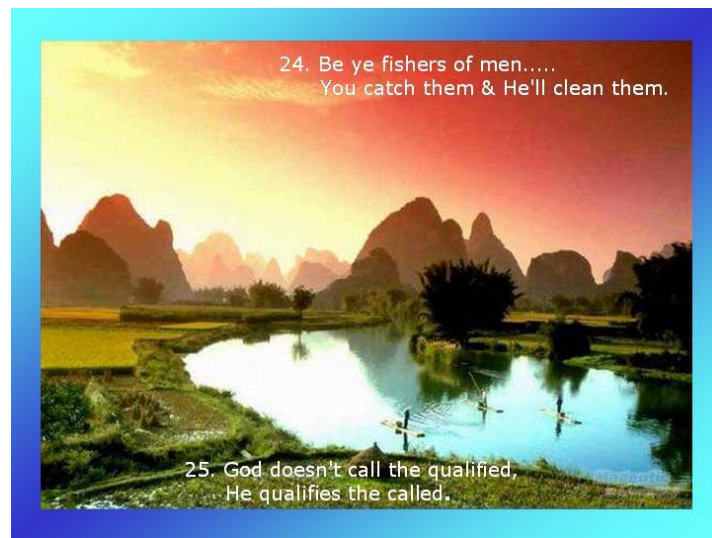
On Thursday February 14, clergy from our Diocese will gather in Hartford for a time of reflection – "Pastors," "Prophets," "Self-Care," "Challenging Violence/Pursuing Peace", led by Bishops Ahrens, Curry, Douglas and Bishop Jim

Hazelwood of the Evangelical Lutheran Church in America, New England Synod. Many of us, myself and my husband included, will then join the Bishops in the March for Change to the State House in Hartford. The March for Change is a coalition of activists supporting the enactment of safer gun legislation in Connecticut. This legislation will be sponsored by CT Against Gun Violence. Yes, there will be a specific bill to rally around; the language is forthcoming. What we do know is that the bill will address a ban on high capacity ammunition magazines; it will strengthen our assault weapons ban; and it will include universal background checks on all sales and transfers. These are referred to as common sense gun laws and are worthy of our voice. You are invited to join us for the March for Change if you are able. See <http://www.marchforchange.org> for more information and sign up.

And then, on Monday, March 25 (the Monday of Holy Week), Episcopalians from Maine to Virginia are gathering for another public march – this time in Washington D.C. Buses are available. If you would like to join us, please contact me. Led by our very own bishops, we (my husband and I included) will participate in walking the "Stations of the Cross". In as large and visible crowd as we can gather, led by a large and visible Cross, we will begin at St John's Lafayette Square and walk toward the Capitol, stopping at various "stations" for prayer and reflection on those final steps Jesus took as he walked, beaten and battered, through the streets of Jerusalem on his way to Golgotha – all for the love of us.

It is time to find our voices and it's time to act. How will we remember? How will we respond?

*Rev. Lisa*



24. Be ye fishers of men.....  
You catch them & He'll clean them.

25. God doesn't call the qualified,  
He qualifies the called.

### Annual Meeting Update

The parish met for our Annual Meeting on Sunday, January 24 after a 9 am service. While the children gathered downstairs to work on their Souper Bowl of Caring project, the rest of us enjoyed food and fellowship, mixed with a little business.

Three new Vestry members were voted into office:

- Lisa Gray, a relative newcomer whose leadership insights and skills are already benefiting our very active Outreach Committee;
- Mark Homburg, another relative newcomer whose architectural background is a wonderful resource as we consider our current use of space, and whose energy as a Sunday School teacher is a pure blessing and
- Vicki (Shand) Rothenhausen, a longtime member and local chiropractor who knows the value of turning personal grief as a recent widow into a tremendous pastoral and relational life-giving ministry

These three join a very solid leadership core of Evelyn Bezruczyk, Jacque Joseph, Charles Kamano, Rich Mahmood and Patrick Moore (as well as Executive Committee members Keith Bailey, Bob Meagher, Joan Matts, and Vivienne McKay). The recent and sudden death of Vestry member, Harry Arsenault, leaves one more vacancy. According to our by-laws, the Vestry will seek to appoint a member to complete Harry's remaining one-year term.

With high praise all around, we also gave thanks for the dedication and leadership of retiring Vestry members Ann Bartiss, Sue Carlson and Nancy Staniewicz. Although these three are stepping down from Vestry, they remain active in the life of our parish. Ann continues to serve on Altar Guild and her scarves made through the Knitting Ministry are becoming a fashion craze! She also remains creatively instrumental in the planning for both the Christmas and Almost-May fairs. Sue Carlson is our green-thumbed gardener who, along with Maureen Smith, will surely be seen all spring and summer long tending to Abraham's Garden. And Nancy has agreed to serve as Diocesan Delegate to Convention (along with her continued ministry as Altar Guild co-Chair, Outreach Committee member and lay reader) and will be helping us connect with the larger Diocesan conversation.

The parish also voted to send a letter of deep thanks and gratitude to departing Senior Warden, Bill

Stark, and his wife, Theresa. The Senior Warden position remains vacant for now while prayerful discernment to fill that role continues.

A memorial service for Harry Arsenault has not yet been planned. We are in conversation with his fiancée, Nancy, and his next-of-kin (his son Ross) to determine a date and time that will meet the needs of all. At this point, the service will be no earlier than late February.

### BIRTHDAYS AND ANNIVERSARIES

#### February Birthdays

1- Ann Bartiss  
2- Marena Mulrain  
3- Christian Mullins  
7- Jon Palermo  
8- Florence Palermo  
9- Kendra Homburg  
12- Richard Cobb  
Nellie Greenfield  
Workiewicz  
13- Gloria Staley  
Jacqueline Joseph  
14- Amanda Donaldson  
15- Rene Vinci  
16- Cesare Tamburrino  
17- Susan Dupee  
18- Karin Jacobs  
20- Ashley Bailey  
23- Harold Sellner  
24- Antonia Rivera  
26- Gary Dangle  
28- Morgan Hill  
Sue Carlson

#### March Birthdays

3- Sharon Sellner  
Glenn Roth  
4- Judy Finnegan  
9- Wendy Fennelly  
Conlan  
10- Bev Draper  
Sarah Guterman  
12- Christopher  
13- Diane Stanislowski  
14- Elizabeth Ying  
17- Curtis Williams Sr.  
20- Walter Gregory  
21- Gary Stacoffe  
22- Merritt Dexter  
25- Diane Kosarko  
Kofi Edjah  
29- Charles Shackford  
30- Marion Daly  
31- Elizabeth Matts



#### February Anniversaries

14- Rev's Lisa & Geoffrey  
Hahneman  
18- Bill & Theresa Stark  
23- Kent & Cora Peckham  
Chris & Diana Workiewicz

#### March Anniversaries

4- Priscilla & Arthur  
Egan



## JUSTIN WELBY OFFICIALLY BECOMES ARCHBISHOP OF CANTERBURY

*by Anglican Communion News Service staff*

The former Bishop of Durham, the Rt. Rev. Justin Welby, has officially become the Archbishop of Canterbury at a ceremony known as the “Confirmation of Election,” which took place in the context of an act of worship on Feb. 4 at St. Paul’s Cathedral. The ceremony forms part of the legal process by which the appointment of the new Archbishop of Canterbury is put into effect. It was presided over by Archbishop of York John Sentamu with the assistance of the bishops of London, Winchester, Salisbury, Worcester, Rochester, Lincoln, Leicester and Norwich. All were commissioned for this purpose by Her Majesty The Queen – who is the Supreme Governor of the Church of England.

Welby’s name was put forward to The Queen some months ago by the church’s “Crown Nominations Commission” in accordance with constitutional arrangements that have been in place for many years. The appointment is formalized by legal steps taken in accordance with the Appointment of Bishops Act 1533. First, his election was undertaken in January by the dean and canons of Canterbury Cathedral. Next, their election of him had to be confirmed by the wider church.

The appointment is significant not only for the Diocese of Canterbury (where Welby will be the diocesan bishop, though much of the day-to-day oversight of the diocese is carried out on his behalf by the Bishop of Dover), but also for the wider Province of Canterbury – the 29 dioceses in the South of England, and the Diocese of Europe, which all fall under his general oversight.

In addition, it is to the Bishop of the See of Canterbury, with which Anglicans have historically been in communion, that Anglicans worldwide give a primacy of honor and respect among the College of Bishops in the Anglican Communion – as ‘first among equals’ (*primus inter pares*). In that role, as a focus and means of unity within the communion, the archbishop convenes and works with the Lambeth Conference and Primates’ Meeting, and presides in the Anglican Consultative Council, the communion’s main policy-making body.

### **Enthronement on March 21**

After this step has been taken, there remain other formal stages before he begins his public ministry in Church and State, in particular his act of ‘Homage’ to The Queen. The public inauguration of his ministry –

‘the Enthronement’ – will take place at Canterbury Cathedral on March 21, and will be broadcast live on the BBC.

## DIOCESAN-WIDE 50<sup>TH</sup> WEDDING ANNIVERSARY CELEBRATION SPONSORED BY THE EPISCOPAL DIOCESE OF CT COMMITTEE FOR AGING AND LIFE PLANNING

The Diocesan Committee for Aging and Life Planning is preparing for a Golden Wedding Anniversary Celebration for couples married fifty years or more. This event will be held at Christ Church Cathedral in Harford on Sunday May 5, 2013 at 5 pm.

All three Bishops, Ian Douglas, Jim Curry, and Laura Ahrens will be there to celebrate this wonderful occasion. The event will include the renewal of marriage vows and presentation of commemorative certificates to all couples. A reception will follow.

The purpose of this celebration is multiple:

- to honor couples who have realized this milestone;
- to publically emphasize the permanency of marriage, and
- to be an inspiration to others.

If you were married on or before December 31, 1963 please contact Diane at our parish office (203/934-3437) with your name and the date of your wedding. This information will be sent to the Bishops who would like to extend a personal invitation to each couple, including event registration and additional details.

Even if you cannot attend the Hartford event, please let us know who among our readers are celebrating 50-plus years of marriage. We will list names in our Prayers of the People on Sunday May 5 and offer a renewal of vows to those present at any one of our three weekend services.



## YALE NEW HAVEN HOSPITAL ELDER CARE CLINIC IN WEST HAVEN

Do you or someone you know need general medical care because you . . .

- don't have a family doctor?
- have poor mobility?
- have difficulty accessing transportation?

Yale New Haven Hospital's Elder Care Clinic offers

- convenient location at 200 Oak St. in West Haven
- complete primary care for senior citizens
- long-term relationships with staff who specialize in providing care to older adults
- social services and counseling for personal and financial problems
- labs drawn at the clinic
- coordination of care with an M.D. specialist
- ease in scheduling your appointment

*New Clinic Hours – open 9:30 am – 3:30 pm every  
Tuesday and Thursday.*

*For more information or to schedule an  
appointment, call the Healthy Aging Line  
203/789-3275*

## ANNUAL DIOCESAN ABSALOM JONES SERVICE SUNDAY FEBRUARY 17 4PM

The life and ministry of Absalom Jones, freed slave and first black to be ordained as an Episcopal priest, is remembered and celebrated every year. This event is organized by the Union of Black Episcopalians (UBE) and is hosted by a different church every year. Church of the Holy Spirit is honored to host the 2013 event.

This year, the Rev. Rhonda Taylor (pastor of First and Wesley Methodist Church in West Haven) will be our guest preacher. In a move to create an ecumenical celebration, we honor our connections with the Methodist Church through Jones' friendship with Richard Allen.

Bishop Laura Ahrens will be the Celebrant. Music will be offered by the St. Paul's & St. James (New Haven) Jazz Trio. And Mayor John Picard has declared February 17 as "Absalom Jones Day" in West Haven. He also will be present at the service and will read the official proclamation.

As is tradition for this annual gathering, light incense will be used.

Additional parking will be available in the Beecher-Bennett Funeral Home parking lot. Thanks to our community minded neighbors, we have been afforded those preparations in hopes of a large crowd. Please come and join the celebration!



*Absalom Jones  
1746-1818*

## SUNDAY SCHOOL NEWS

### *Field Trip to W.H.E.A.T. planned for Sunday School students*

Sunday School teacher Mark Homburg has arranged for a trip to W.H.E.A.T. his son Philip's Cub Scout Troop and is inviting our Sunday School children (and parents) to come along. The event is scheduled for Thursday, March 7 at 7:30 pm. Children will be introduced to Director Rose Majestic and have an opportunity to see the food bank for themselves and ask question! Mark your calendars now.

Sunday School teacher Mark Homburg has arranged for a trip to W.H.E.A.T. for his son Philip's Cub Scout Troop and is inviting our Sunday School children (and parents) to come along. The event is scheduled for Thursday, March 7 at 7:30 pm. Children will be introduced to Director Rose Majestic and have an opportunity to see the food bank for themselves and ask questions! Mark your calendars now.



Follow all the latest happenings at Holy Spirit on Facebook or on our website – [www.holyspiritwh.org](http://www.holyspiritwh.org)

## ***CHILDREN LED THE PARISH IN A SOUPER BOWL OF CARING EXPERIENCE***

Using the nation-wide energy that surrounds the Super Bowl every year, Sunday Schools and Youth Groups around the country participated in the SOUPER BOWL of CARING efforts to raise awareness about the needs of the hungry in local communities. During the week of January 24-February 3, Project Souper Bowl of Caring saw children and youth in churches everywhere standing at the doors of their churches with soup pots, asking each parishioner to throw in a dollar or two (or more!). The monies collected is to be given to each church's charity of choice in an effort to raise awareness (and some financial assistance) for the needs of those who are hungry among us.



[tacklehunger.org](http://tacklehunger.org)

On one weekend, our children's efforts netted \$316 for our charity of choice – W.H.E.A.T. Our thanks go to all who helped our youngest members make a difference in our community! Nationwide, 3,578 groups participated in the 2013 Souper Bowl of Caring, raising \$4,840,642 in cash for local food banks, shelters, and other agencies. Next year, we will encourage all West Haven parishes to participate and raise the awareness levels to a community-wide effort!

## ***SUNDAY SCHOOL FOCUS FOR LENT (GRADES 3-6) GOD AND FAMILY (AND PIZZA!?!)***

During the next few months, in addition to Lent and Easter preparations our older Sunday School children will be treated to a special learning treat – literally! Combining a Cub Scout curriculum with the building of community among our older Sunday School students, teacher Mark Homburg is inviting our students to learn about “God and Family”.

The curriculum is designed to help children understand the importance of family and God's role in a healthy family. The God and Family Program provides an opportunity for young people and their families to explore their faith together. Children will read about different families in the Bible, which can teach them about God's plan for strengthening families.

To remember these lessons, children will compare families and “pizza.” The six steps for making pizza will give students a concrete, “hands-on” model on which to build their understanding of God's love for their families. They will make a pizza as they study how families can grow together in God's love, and they will choose “family projects” to be done with their family at home.

### **Introduction**

Joshua's Family Will Serve God – Joshua 24:14-15

### **Step 1: Crust-Foundation – We are God's Family**

Every pizza needs a crust or foundation. Families need foundations, too. Students will read passages from Deuteronomy and Matthew to learn how families need to build their foundations on God and on God's love.

- God's Great Big Family – Deuteronomy 6:4-8
- New Family in Christ – Matthew 28:1-10; John 3:16

### **Step 2: Sauce – Family Heritage, Spiritual Heritage**

Every pizza has sauce (which has simmered over time). Like the sauce, a family's heritage grows over time. A family's heritage, especially its Christian heritage, is an important part of its identity. Students will learn about Ruth (how she came to faith through marriage) and Jesus (how he was brought up in the faith from infancy on) and realize that even though our faith journeys may differ, our faith in Christ is the same.

- Ruth – Ruth 1:1-18
- Mary, Joseph, and Jesus – Luke 2:21-24, 40

### **Step 3: Toppings – Our Talents and Gifts Strengthen Our Families**

The toppings on a pizza make each pizza unique. Like the toppings, the individual members of a family bring unique gifts and talents that strengthen and make their family special. Students will read about Moses and Aaron, two brothers with very different gifts, and Timothy, a young man with the gift of faith. Students will be challenged to name their own gifts and the special gifts in each member of their family.

- Moses & Aaron – Exodus 4:10-17, 27-31, 17:8-13

- Timothy – 2 Timothy 1:1-7, 3:14-17; 1 Thessalonians 3:1-2, 6

**Step 4: Cheese – In God’s Family We’re Loved No Matter What! Because We’re Loved, We Follow Rules**

The cheese on a pizza covers everything and holds it together. Families need to be held together, too. Christian rules and guidelines can help families relate to each other and live together as God’s family. Students will study Jesus lost in the temple and the parable of the prodigal son and discuss WHY we need rules. They will then be required to memorize the Ten Commandments.

- Mary, Joseph, and Jesus – Luke 2:41-52
- Prodigal Son – Luke 15:11-32
- 10 Commandments – Exodus 20:1-17; Deuteronomy 5:6-21

**Step 5: Bake – Being in God’s Family Helps Us When Things Are Tough**

When pizza comes out of a hot oven, it’s better than ever! Families can be like pizza: by relying on God, families can come through the heat of tough times and be even stronger. Students will study Shadrach, Meshach, and Abednego in the fiery furnace, and Paul and Silas in prison, and be challenged to name the “faith tools” that can help their families in tough times.

- Shadrach, Meshach, and Abednego – Daniel 3
- Paul and Silas – Acts 16:19-34

**Step 6: Eat, Share, Enjoy! – In God’s Family, We Share as a Response to God’s Love**

Pizza tastes good: it nourishes our bodies and satisfies our hunger. Pizza is fun to share: everybody loves a pizza party. Families are like pizza: they need to provide spiritual nourishment for family members, and they need to share the good news of Jesus Christ with those around them. Students will read about the feeding of the five thousand and the Great Commission to learn the importance of sharing God’s love with other people.

- Boy who shared his lunch – John 6:1-15
- Apostles – Matthew 28:16-20

**ON THE LIGHTER SIDE**

Every time I am asked to pray, I think of the old fellow who always prayed, 'Lord, prop us up on our leanin' side. 'After hearing him pray that prayer many times, someone asked him why he prayed that prayer so fervently.



He answered, 'Well sir, you see, it's like this... I got an old barn out back. It's been there a long time; it's withstood a lot of weather; it's gone through a lot of storms, and it's stood for many years. It's still standing. But one day I noticed it was leaning to one side a bit. So I went and got some pine poles and propped it up on its leaning side so it wouldn't fall.

Then I got to thinking about that and how much I was like that old barn. I've been around a long time. I've withstood a lot of life's storms. I've withstood a lot of bad weather in life, I've withstood a lot of hard times, and I'm still standing too. But I find myself leaning to one side from time to time, so I like to ask the Lord to prop us up on our leaning side, 'cause I figure a lot of us get to leaning at times.

Sometimes we get to leaning toward anger, leaning toward bitterness, leaning toward hatred, leaning toward cussing, leaning toward a lot of things that we shouldn't . So we need to pray, 'Lord, prop us up on our leanin' side, so we will stand straight and tall again, to glorify the Lord.'



**Presiding Bishop's Lent Message 2013**  
*'Learn more, give alms, share what you have'*  
by Episcopal News Service staff

I wish you a blessed Lent.

Lent is the ancient season of preparation. Preparation for Baptism at the Easter Vigil and it's a season of solidarity with those who are being formed to be disciples of Jesus and missionaries in God's mission.

We form people in a sense that God dreams of a healed world, a world restored to peace with justice, and some of the ancient images of that healed world are those of the prophets. One of the famous ones from Isaiah is an image of people having a picnic on a mountainside, enjoying rich food and well-aged wine. That image of being well-fed is particularly poignant in a world like ours where so many go hungry.

Lent is a time when we pray, when we fast, when we study, when we give alms. It's a time of solidarity and it is particularly a time to be in solidarity with the least of these.

As you prepare for your Lenten season and your Lenten discipline, I'd encourage you to think about consciousness in eating. That's really more what fasting is about than giving up chocolate. Being conscious of what you eat, standing in solidarity with those who are hungry, whether it is for food, or shelter, or peace, or dignity, or recognition, or for love.

When we stand in solidarity in terms of eating, we might consider what we are eating and how we are eating it and with whom we are eating, and I'd invite you to consider some of the challenges that are around us. Many leaders in this United States part of the church have engaged in an act of solidarity with the poor by trying to live on a food stamp budget for a week. That's about \$4 a person per day. And it's very, very difficult to find adequate calories and reasonably nutritious food for that kind of a budget. But it would be an act of solidarity with those who do go without every day and every week. An act of solidarity like that might increase your consciousness about those who go hungry, it might increase your own consciousness about what you eat, and it might provide an opportunity to share some of your largesse, some of what you save from that kind of eating with those who go without.

The violence in our country, the violence around the world is most often an act in response to those who don't have enough. Those who are hungry, those who ache for recognition and dignity, those who struggle for peace.

Your and my preparation for the great Easter festival can be an act of solidarity with the least of these. As you engage this Lent, I would encourage you to pray, to fast, to act in solidarity with those who go without. Learn more, give alms, share what you have. Be conscious about what you eat.

A blessed, blessed Lent this year.

*The Most Rev. Katharine Jefferts Schori*  
*Presiding Bishop and Primate*  
*The Episcopal Church*

***LENTEN PREACHING SERIES***  
***PEOPLE OF THE WAY – RENEWING***  
***EPISCOPAL IDENTITY***

Based on a book by the same name (authored by Dwight Zscheile), our homilies during Lent will take us into a conversation about the changing nature of the Church. This is not change for the sake of change. Rather, the Church as a whole is realizing that the dynamic nature of our way of being together must reflect and respond to the needs of our families and communities and the world around us.

In the words of our own Bishop, Ian Douglas, who wrote the forward for this book:

*“Today the glory and grandeur of the Episcopal Church exists primarily in the minds of those who remember the glory days of the mid-twentieth century. Over the last five decades the number of Episcopalians has declined from a high of 3,615,643 baptized members in 1965 to at the present time fewer than two million members. . . . Seemingly innumerable congregations are struggling with declining membership while precariously eating away at their endowments in order to maintain buildings and programs that serve increasingly fewer and fewer people. . . . is there any hope for this once privileged and powerful church encountering the new realities of the twenty-first century?”*

*There indeed is! People of the Way argues that in service to God's mission of restoration and reconciliation, Episcopalians can discover new meaning, find a new identity and experience new life and growth.*

*This work does not shy away from the hard questions: “What does it mean to be a disciple in today's world? What does it mean to be a church member? Are they the*



*same thing? How does the shape of life in the Episcopal Church foster depth and commitment to the way of Christ, and how does it undermine it? What does it mean to be the body of Christ in an increasingly post-Christian America? Who are we as Episcopalians and what are we here for?"*

Author and Episcopal priest Dwight Zscheile draws on multiple streams of Anglican thought and practice, plus contemporary experience to craft a vision for mission that addresses the church's post-establishment, post-colonial context. With stories, practices and concrete illustrations, Zscheile engages us in re-envisioning what it means to be Anglican in America today and sends Episcopalians out to build new relationships within their local contexts.

We will do our best to digest the key components of this book in our weekly homilies throughout Lent. As always, your questions and insights are invited and welcomed!

## **ALEX'S KITCHEN HAS COME TO CHURCH OF THE HOLY SPIRIT**

Alex's Kitchen is based at the First Congregational Church located on the West Haven Green. Lunch is served every Monday throughout the year from 12:00 pm - 1:00 pm. The Kitchen was the dream of Alex Miklos, a Viet Nam veteran who was involved in an accident, left a paraplegic but never stopped caring about others. He felt there was a need for a soup kitchen, and since the church had room, Alex's Kitchen became a reality.

Well, while the program is still running strong after all these years, the actual kitchen they serve out of was starting to need some TLC. The Congregational Church kitchen is now being updated. Instead of having to shut down while the renovations are going on, Church of the Holy Spirit said that they could set up here, so Alex's Kitchen has come to COHS for the next couple of months. They are thrilled not to stop serving lunch to those in need. Mondays at COHS will no longer be quiet during the day. The Common Room will be filled with the sounds of people enjoying a homemade meal and the general noise that comes with having 30-70 people gather at once.

My place of employment was closed for Martin Luther King Day so I had the pleasure of helping at the Kitchen that Monday. I was a "can you" person. Can you get the table and stool from upstairs, get trash to the dumpster, get this up, get that down. I was then promoted to handing out soup and crackers.

We had about 40 people come through and all were so appreciative of the fact that the lunches were able to still be served. I had someone thank me directly for being able to come in and "warm up my belly."

I helped clean up at the end and was thanked by the workers for the use of our church. All are managing the smaller space with lots of laughs and doing well. While some of us at COHS will be directly affected by what is going because of storage space, activity planning and more, most of us will not be. You might not even know that there would not have been any lunches served if we did not say "Come across the street." I would not have spent my day helping if we had not offered up our space so, along with everyone else, I also say thanks to COHS for allowing Alex's Kitchen to stay open. I left with a smile on my face. I also was thinking about having to go back to work and laughed because I could just imagine the conversation....

"Karin, how did you spend your day off - reading, relaxing?"

"Nope, working in a soup kitchen!"

**Alex's Kitchen Mission is to provide food and fellowship for the body and soul.  
Church of the Holy Spirit is temporarily providing the vessel to carry on this mission.**

### ***Financial Peace University Class on Debt Reduction***

***Free to all – Sunday February 17 at noon***

Do you or any of your friends or family have debt?  
Are you struggling to make ends meet? Come to Week Four of FPU called "Dumping Debt" to learn strategies to attack your debt.

### **New round of classes begins Sunday April 28 @ noon**

Free preview on Sunday April 7 and Sunday April 21

### **New Thursday Night FPU Class being offered!**

Classes begin April 11 at 7 pm

Free previews Thursday March 21 and Thursday April 4 at 7 pm

If you are interested but don't have the money – here's a strategy. Save \$5-\$10 a week to have the money available for materials. Just set up an envelope and write the next ten Friday dates on the outside. As you put money away each week, mark it down next to the date. You will quickly start to see money build and be ready for the next session of FPU!!

**LOOKING AHEAD TO  
HOLY WEEK AND EASTER AT CHS**

<b>Sunday March 24</b>	<b>Palm Sunday Services</b> <i>(10 am service tentatively includes: joint Blessing of the Palms with First Congregational Church on the Town Green and CHS-only teen-led intergenerational Mock Trial)</i>	<b>8 &amp; 10 am</b>
<b>Monday March 25</b>	<b>March on Washington DC (against gun violence)</b> <i>Diocesan-wide trip</i>	
<b>Wednesday March 27</b>	<b>Contemplative Prayer Service</b>	<b>6 pm</b>
	<b>Tenebrae</b> <i>(The gradual extinguishing of candles while a series of scripture passages are read.)</i>	<b>7 pm</b>
<b>Thursday March 28</b>	<b>Maundy Thursday Eucharist</b> <i>(Eucharist with Foot Washing and Stripping of the Altar)</i>	<b>7 pm</b>
<b>Friday March 29</b>	<b>Stations of the Cross</b> <i>(Walking meditations on the 14 Stations)</i>	<b>Noon</b>
	<b>Good Friday Liturgy</b> <i>(Eucharist from the Reserved Sacraments)</i>	<b>7 pm</b>
<b>Saturday March 30</b>	<b>Easter Vigil</b> <i>(Candle Vigil, Eucharist with First Communion)</i>	<b>7 pm</b>
<b>Sunday March 31</b>	<b>Ecumenical Sunrise Service</b> <i>(Bradley Point, West Haven)</i>	<b>6:30 am</b>
	<b>Easter Services at CHS</b>	<b>8 &amp; 10 am</b>



## CONGRATULATIONS, CELINA!

Celina Whitmore, daughter of Kevin Matts and his wife Kathy, has been honored as a recipient of the 2012 Black Coalition of West Haven Scholarship. She is currently a member of the NAACP. A sophomore at the University of Hartford, she is pursuing a Bachelor of Science degree and planning to attend graduate school to become a physical therapist.

Due to a 3 month premature birth and surviving two cardiac arrests, Celina began to serve God and her community early on. She was an Altar server at St. Augustine's Cathedral for six years and actively volunteers for The Salvation Army, The American Cancer Society, Relay for Life, The Special Olympics and several other organizations. She is devoted to Girl Scouting, has earned many awards and is an adult member for life. To earn the Girl Scout Gold Award, she wrote, cast, directed and recorded her play "One Bottle, No Big Deal;" this was distributed across the United States along with learning packets that taught about recycling.

At her university she is a member of Alpha Phi Omega, a National Service Fraternity and is employed on campus as a Resident Assistant for first year students. Her love of dance and extensive, varied dance training has blossomed into a part time job as a licensed Zumba instructor. She will be teaching credited classes at the University of Hartford in the spring.

Celina is a granddaughter of David and Marina Matts.



## HYMN OF PROMISE

by Natalie Sleeth

*In the bulb there is a flower; in the seed, an apple tree;  
In cocoons, a hidden promise: butterflies will soon be free!  
In the cold and snow of winter there's a spring that waits to be,  
Unrevealed until its season, something God alone can see.*

*There's a song in every silence, seeking word and melody;  
There's a dawn in every darkness, bringing hope to you and me.  
From the past will come the future; what it holds, a story,  
Unrevealed until its season, something God alone can see.*

*In our end is our beginning; in our time, infinity;  
In our doubt there is believing; in our life, eternity,  
In our death, a resurrection; at the last, a victory,  
Unrevealed until its season, something God alone can see.*

**HYMN OF PROMISE** © 1986 Hope Publishing Co.

380 South Main Place, Car-ol Stream, IL 60188  
Words and Music by **Natalie Sleeth** (1930-1992)

*Used by permission.*



(1930-1992)

## SAVE THE DATES OUTREACH OPPORTUNITIES 2013

**On-Going** -help us keep **WHEAT**'s shelves full with needed items. Check the bulletins for weekly details. Items can be put into the red **WHEAT** wagons. **Contact:** Sue Dangle 203-937-1826  
[sgdangle@yahoo.com](mailto:sgdangle@yahoo.com)

**On-Going-** support our Military by donating your spare change to The Fisher House Project. The Collection jar can be found in the Common Room. **Contact:** Nancy Staniewicz 203-430-3042 or staniewicz@sbcglobal.net

**March 10 - Beginning of Covenant to Care Easter**



**Basket Collections** Items needed: chocolate bunnies, stuffed animals, bubbles, sidewalk chalk, jump ropes, playing cards, coloring books and crayons. Grass &

baskets not needed. 50 baskets to be made  
**Collecting items from March 10 through March 24.** Baskets assembled on March 24th and delivered to Tanisha **Contact:** Sue Dangle 203-937-1826  
[sgdangle@yahoo.com](mailto:sgdangle@yahoo.com)

**March 11-18 Abraham's Tent-** CHS will host 12 men from Columbus House each night for dinner, sleeping, breakfast & fellowship. Sign up to be an overnight volunteer or to donate needed food items. **Contact:** Sue Dangle 203-937-1826  
[sgdangle@yahoo.com](mailto:sgdangle@yahoo.com) or Karin Jacobs 203-932-9865 kejacobs@hotmail.com

**April 14--** serving breakfast at Columbus House-- Donate needed food items. Sign up to help cook on Saturday. **Sign up sheets available from March 31. Deliver items to church by Saturday, April 13 at 9am.** **Contact:** Bonnie Mahmood 203-314-3132  
[bonmah77@gmail.com](mailto:bonmah77@gmail.com)

**June 9-** serving breakfast at Columbus House Donate needed food items. Sign up to help cook on Saturday. **Sign up sheets available from May 26. Deliver items to church by Saturday, June 8 at 9am.** **Contact:** Bonnie Mahmood 203-314-3132  
[bonmah77@gmail.com](mailto:bonmah77@gmail.com)

**Aug 4—** Back to School Backpacks Backpacks for all ages, spiral notebooks, pens, pencils, colored pencils, crayons, glue sticks, folders and rulers  
**Items collected from August 4-18**  
**Contact:** Sue Dangle 203-937-1826  
[sgdangle@yahoo.com](mailto:sgdangle@yahoo.com)

**August 11-** serving breakfast at Columbus House-- Donate needed food items. Sign up to help cook on Saturday. **Sign up sheets available from July 28. Deliver items to church by Saturday, August 10 at 9am.** **Contact:** Bonnie Mahmood 203-314-3132  
[bonmah77@gmail.com](mailto:bonmah77@gmail.com)

**October 13 -** serving breakfast at Columbus House Donate needed food items. Sign up to help cook on Saturday. **Sign up sheets available from Sept. 28 Deliver items to church by Saturday, October 12 at 9am.** **Contact:** Bonnie Mahmood 203-314-3132  
[bonmah77@gmail.com](mailto:bonmah77@gmail.com)

**November 10-** serving breakfast at Columbus House-- Donate needed food items. Sign up to help cook on Saturday. **Sign up sheets available from Oct. 27. Deliver items to church by Saturday, Nov. 9 at 9am.** **Contact:** Bonnie Mahmood 203-314-3132  
[bonmah77@gmail.com](mailto:bonmah77@gmail.com)

**December Angel Tree-** Christmas gifts for Covenant to Care children\DCF\  
**tags will be available November 24 and gifts brought in by December 8<sup>th</sup>.** **Contact:** Sue Dangle 203-937-1826  
[sgdangle@yahoo.com](mailto:sgdangle@yahoo.com)



**December 8-** serving breakfast at Columbus House-- Donate needed food items. Sign up to help cook on Saturday. **Sign up sheets available from Nov. 25. Deliver items to church by Saturday, December 7 at 9am.** **Contact:** Bonnie Mahmood 203-314-3132  
[bonmah77@gmail.com](mailto:bonmah77@gmail.com)

**December 14-** tentative date for the Cookie Walk

***The Church of the Holy Spirit presents***  
**Boston Adventure & Cheesecake Factory**

*(Choice of the Boston Duck Tour, The Charles Riverboat Cruise or the Museum of Science)*

**Departure: Saturday, August 17, 2013**

**Price per person**     \$128 (Boston Duck Tour)  
                                 \$122 (Charles Riverboat Cruise or Science Museum)

*Create your Boston experience by picking your choice of cruise or museum: The Boston Duck Tour is a fun-filled informative land/cruise adventure aboard a vehicle that travels on land for a narrated tour of Boston's land-marks and then splashes into the Boston Harbor for a 30 minute cruise.*

*The Charles Riverboat Cruise offers a 90 minute narrated cruise on the Charles River with rich history of Boston, Cambridge and Harvard.*

*Boston Museum of Science, an interactive museum of science and technology.*

*Includes admission to exhibit halls only. Additional charges for special exhibits.*

**Tour Includes:**

▶ Roundtrip deluxe bus transportation from The Church of the Holy Spirit

**Departure point: Church of the Holy Spirit, 28 Church Street, West Haven, CT at approximately 8:00am (travel documents to be mailed two weeks prior to departure.)**

**Return time at approximately 9:00pm. A rest stop will be made en route to Boston.**

▶ Full course lunch at the Cheesecake Factory in the Cambridge Galleria Mall (11:30am– 1:00pm) ▶ Boston Duck Tour, Charles Riverboat Cruise or the Museum of Science after lunch (please indicate your choice when making your reservations)

▶ Time at Quincy Market

▶ Driver's and escort's gratuities are included in tour price. All taxes and gratuities on meals and cruise also included.

**Contact info: Kathryn Gregory, 203-933-0599 or [kathryngregory@sbcglobal.net](mailto:kathryngregory@sbcglobal.net)**

**A deposit of \$35 per person is due at time of reservation. Final payment is due by July 1. Please complete coupon below and mail to**

**Kathryn Gregory 11 Sumac Street, West Haven, CT 06516**

**Make Checks payable to Church of the Holy Spirit**



***Boston Adventure—Saturday, August 17, 2013***

**Name of Passenger (s):**

**Address**

**Phone Number:** \_\_\_\_\_

**Email address:** \_\_\_\_\_

**Number of Passengers reserving:** \_\_\_\_\_

**Boston Duck Tour #** \_\_\_\_\_

**Charles Riverboat Cruise #** \_\_\_\_\_

**Museum of Science #** \_\_\_\_\_

**Amount enclosed: \$** \_\_\_\_\_

## NEWSLETTER EDITOR'S FAREWELL!

As you may remember, I mentioned in the last issue that I would step down from editing and organizing the newsletter after this issue was done. Last August, this decision had been shared with Rev. Lisa and Bonnie to allow time for planning and working out a smooth transition. No one is irreplaceable, but I was concerned about continuity. That's why I gave notice back then.

I also planned to say, if asked, simply that "The time has come." It has been more than 34 years after all, so that's very true! I will miss much of the process and the involvement, but I do feel that the time to step back is here, perhaps past due.

I have been reflecting more than a little about past newsletter years:

This journey began years ago when Shirley Scranton called and asked if we might do the newsletter together, with the occasional help of Helen Scranton, a retired Christ Church secretary. It was a time at church when positive news and an improved feeling of community were sorely needed. (The rector, whose chore this traditionally was, had been having difficulties getting to the newsletter.)

I said "Yes" to Shirley and we were a team! Our themes were always positive information, items of parish interest, good news about the parish family, humor and support of the church.

During the long time that Shirley and I worked together on the newsletter (more than 23 years and more than 200 issues), we usually met at Shirley's home. We were often not alone - her husband George was busy much of the time in another room with a work project or music. Although we were also joined at times by some of Shirley's children, grandchildren or perhaps her dog, we got quickly down to work, since those Monday mornings were the only times our schedules meshed. (I had to go to work at 1 pm.)

As I wrote up material received by phone and edited pieces that had come into the church office, Shirley located suitable upbeat or humorous pieces in her folders. We then laid out the outline and attached our handwritten articles and edited pieces in our planned order. Usually Shirley would go to the church office the next day with the outline and notes and explain to the current secretary what we had in mind. (She worked over the years with five different secretaries.)

In the earlier years, the secretary would cut stencils from our material and run them off on a mimeograph machine. Later, the method was to type up the sheets that Shirley had brought, then reproduce them on a copy machine - a much easier task. The sheets were then hand collated at the office, folded, stapled and taken to the post office by the secretary and/or volunteers. From the time that we began there were few big changes in the way the newsletter was turned out and no computer or office work for either of us, surprisingly enough.

It hasn't been the same since Shirley died in 2002; we were quite a team. I miss her more than I can say, especially her smile, kindness, artistry, forbearance and strong love of God and of her Church, as well as the pleasure of her company.

From 2002 to now, there were changes in the way the newsletter was done, in response to changes in priestly involvement, more use of technology and moves to more thematic approaches:

*Priestly involvement:* Before Shirley and I started, the various rectors had decided what was to be in the newsletter and saw that it was done up and run off. After we began, the rectors always prepared *Rector's Remarks* and *Rector's Announcements*, with occasional further articles. The amount of involvement varied with the individual priest.

All else either came to us from parish workers planning events or was written up from phone calls or brief contacts after church. We decided what to use and in what order, checking with each other for gaps. Currently, Rev. Lisa is very involved with such decisions.

*Technology:* After 2002, the articles came to me and then went to the office in much the same way, but soon I had the invaluable help of Bonnie Mahmood, who began by putting edited pieces into computer format. She also did layout from my outlines and saw that the completed newsletter was then run off and mailed.

Later, parishioners were offered the option of receiving their copies by email, thus saving much time, reproduction and mailing cost. At first, those without email or preferring a hard copy picked it up at church, but now these are mailed. This way, all interested in parish news now have access to the newsletter as conveniently as possible.

Bonnie has such talent with the computer. I will miss working with her very much, although we seldom sat down together. I am in awe of her computer skills, her patience and the way her graphics and layouts come together. Whenever she said she would do something, there it was - a rare and wonderful trait, especially with her demanding job.

I will be relieved to stop doing so much computer work. My preferences are for providing clear writing and careful editing; however, newsletter work, once I had a home computer, then included 70 to 140 emails and documents with each issue in the last few years. This occurred as articles, requests and suggestions went back and forth, honing meaning and details. (I remember with nostalgia how personal and uncomplicated it had been to discuss options and pass notes and papers back and forth, face to face. Of course, that was a simpler time and long ago.)

*Change in approach:* Our current newsletters are handsome, clear and much more sophisticated editions than those of 34 years ago. Simple announcements or listings of coming events have evolved into discussions of spiritual meanings, coverage of extensive outreach and service opportunities, flyers and calendars. This richness is due in part to Rev. Lisa's views of our mission and spiritual growth. I have particularly enjoyed handling her excellent writing and seeing her vision and content each time; she does that so well and with such dedication.

So you now realize the welcome yet arduous work and necessary changes that have filled these many years. Please know, each of you, how dear the spirit and missions of this merged parish family and beautiful church have always been to me.

I thank all who ever contributed to our parish newsletter, but now say goodbye to the tasks I have tried so long and hard to do well.

Bless you all.

*Jane Dexter*